

## What is **Debrisoft**®?

Debrisoft® and Debrisoft® Lolly consist of soft, polyester fibres, which are secured and knitted together. These fibres are cut at a special angle, length and thickness to ensure good effect and flexibility.

Each product comes in a box of 5 individually packaged, sterile pieces.



If you are prescribed **Debrisoft**® or **Debrisoft**® Lolly, your healthcare professional may find the following ordering details helpful. Alternatively, please speak to your pharmacist to purchase directly.

Product and size (cm)	Ref	PIP code	NPC code	Units per pack
Debrisoft® Lolly 5x1.9*	33224	398-5124	ELZ728	5
Debrisoft® 10x10	34321	358-1287	ELZ963	5

\*These are the dimensions of the monofilament fibre head of Debrisoft® Lolly only. Core width is 1.9cm.



**DEBRISOFT® AND DEBRISOFT® LOLLY ARE AVAILABLE ON PRESCRIPTION IN THE UK**

## Advice and further information

Your healthcare professional will advise you how often to use Debrisoft® and/or Debrisoft® Lolly and for how long.

- ✓ Always fully moisten Debrisoft® and/or Debrisoft® Lolly before use
- ✓ Always use the soft, fleecy side of the Debrisoft® pad and not the knitted reverse side
- ✗ Debrisoft® and/or Debrisoft® Lolly should not be used if there is a known sensitivity to the product
- ✗ Do not cut Debrisoft® or use as a wound dressing
- ✗ Do not re-use a used piece of Debrisoft® or a used Debrisoft® Lolly
- ✗ Debrisoft® and Debrisoft® Lolly do not contain latex

If you would like to see a film of Debrisoft® and/or Debrisoft® Lolly being used, visit: [www.debrisoft.co.uk](http://www.debrisoft.co.uk)

If you have any questions about your treatment, please contact your healthcare professional:

Name: .....

Contact details: .....

If you have any questions about Debrisoft® and/or Debrisoft® Lolly, please call L&R on our customer care line: **08450 606 707**.



People.Health.Care.

Debrisoft® is a registered trademark of L&R.  
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## See the **Debrisoft**® Difference at home



Patient information for self-care with **Debrisoft**® and **Debrisoft**® Lolly

## What are **Debrisoft**<sup>®</sup> and **Debrisoft**<sup>®</sup> Lolly for?

Wound debris and dead skin cells create an ideal breeding ground for bacteria, which can lead to infection. Using Debrisoft<sup>®</sup> and/or Debrisoft<sup>®</sup> Lolly to remove this from your skin or wound can help the healing process. Because Debrisoft<sup>®</sup> is soft and gentle, it will not harm healthy skin.

## Why has **Debrisoft**<sup>®</sup> or **Debrisoft**<sup>®</sup> Lolly been recommended?

You may have been prescribed **Debrisoft**<sup>®</sup> if you have dry, scaly/flaky skin which needs to be removed. This may be due to hyperkeratosis (see *Figure 1*), which is a skin thickening associated with chronic oedema (*swelling of the limbs*), varicose eczema or actinic keratosis. Debrisoft<sup>®</sup> can also be used on wounds that may contain debris and dead skin cells such as leg ulcers.

**Debrisoft**<sup>®</sup> Lolly is ideal for hard-to-reach areas of wounds and skin. It can be used on its own or with Debrisoft<sup>®</sup> to remove wound debris and dead skin cells from deep or superficial wounds.



Figure 1



## How do I use **Debrisoft**<sup>®</sup>?

Before using Debrisoft<sup>®</sup>, wash off any emollients (moisturisers), creams or ointments.

**Step 1.** Open the Debrisoft<sup>®</sup> single-use, sterile pack.



**Step 2.** Fully moisten the soft, fleecy side of Debrisoft<sup>®</sup> with 20–40ml (1–2 egg cups) of tap water (or saline, if advised to do so). Lightly shake off any excess water.



**Do not** squeeze out!

**Step 3.** With gentle pressure, using long sweeping strokes on the skin (or a circular motion on a wound), cleanse the area with the soft, fleecy side of the moistened Debrisoft<sup>®</sup>.

**Step 4.** Typically, a new piece of Debrisoft<sup>®</sup> is used for each separate wound/area or for larger areas of skin. Your healthcare professional will advise you about this. Dispose of the used Debrisoft<sup>®</sup> in normal household waste.

## How do I use **Debrisoft**<sup>®</sup> Lolly?

Before using Debrisoft<sup>®</sup> Lolly, wash off any emollients (moisturisers), creams or ointments.

**Step 1.** Open the Debrisoft<sup>®</sup> Lolly single-use, sterile pack.



**Step 2.** Fully moisten the head of the Debrisoft<sup>®</sup> Lolly with 5–15ml (1–3 teaspoons) of tap water (or saline, if advised to do so).

**Step 3.** Clean the wound and/or skin by applying gentle pressure with the soft head of the moistened Debrisoft<sup>®</sup> Lolly.

**Step 4.** Typically, a new Debrisoft<sup>®</sup> Lolly is used for each separate wound/area of skin. If necessary, clean the skin surrounding the wound with a moistened Debrisoft<sup>®</sup> pad. Your healthcare professional will advise you about this. Dispose of the used Debrisoft<sup>®</sup> Lolly (and pad) in normal household waste.

