

A full holistic and vascular assessment should be carried out before treatment.

Indications

Actico®2C Two component leg ulcer kits can be used for:

- Venous leg ulcers without or with mild, uncomplicated oedema (as a result of venous insufficiency), in both mobile and immobile patients.

If the ABPI is 0.8 - 1.3 Actico® 2C Two component leg ulcer kit can be applied.

If the ABPI is >1.3 further investigation may be required before **Actico®2C** Two component leg ulcer kit is applied (Seek specialist guidance).

Precautions

- If the ABPI is 0.5 – 0.8 (venous leg ulcer with an arterial component) **Actico®2C** Two component leg ulcer kit can be applied with caution – under specialist supervision (Please refer to local guidelines).
- For patients with ankle circumference of less than 18cm and for patients with moderate / chronic oedema / lymphoedema the use

of Actico® Inelastic Cohesive Compression bandages (with appropriate padding) is recommended. **Actico®2C** is not recommended for these patients. Please contact L&R for further information (Tel: 08450 606 707)

- As with all compression systems, caution is required when:
 - cardiac overload is suspected
 - patients have diabetes
 - advanced small vessel disease
 - arterial disease is present
 - renal failure is present
- Following application, if the patient shows signs of pain, reduced colour or numbness on their extremities distal to the bandage, then it should be removed immediately.
- **Actico®2C** Two component leg ulcer kit should not be re-used.
- As with all compression bandage systems, training on the correct application of the **Actico®2C** Two component leg ulcer kit is recommended.

Materials composition
 Comfort Layer 1 - PUR Foam, with textile fabric (60% Polyamide and 40% Cotton)
 Compression Layer 2 - Polyamide (Nylon) 39%, Polyurethane 10%, Cotton 51%



Actico®2C
Two component leg ulcer kit

Size	Kit contains	Product Code	PIP Code	NHS SC Code
Actico®2C - 18-25cm kit	Actico®2C Comfort Layer 1 10cm x 3.5m	31770	376-5203	EGJ183
	Actico®2C Compression Layer 2 10cm x 6m			
Actico®2C - 25-32cm kit	Actico®2C Comfort Layer 1 10cm x 3.5m + 10cm x 2m	31771	376-5211	EGJ184
	Actico®2C Compression Layer 2 10cm x 9m			
Actico®2C Comfort Layer 1	10cm x 3.5m	31772	378-0699	ECA246
Actico®2C Compression Layer 2	10cm x 6m	31773	378-0707	ECA245

Call our customer care line: **08450 606 707**

International enquiries: **+44 1283 576 800**

or visit our website at: www.Lohmann-Rauscher.co.uk M991 V2.2



Actico®2C
Two component leg ulcer kit
Prescriber's Guide

Actico®2C is a two component leg ulcer kit consisting of:

- Layer 1** - a skin friendly comfort layer applied directly to the skin to distribute the compression evenly
- Layer 2** - an inelastic cohesive compression layer for therapeutic effective compression

Latex-free

Actico®2C Two component leg ulcer kit is latex-free



'**Safe-Loc**' system - for consistently safe, accurate and easy application - '**Lock & Roll**'

Lock it at full stretch



Roll it at full stretch



Actico[®]2C Below Knee application for leg ulcer management



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Prior to bandaging the patient should have a full holistic assessment and appropriate choice of wound dressing applied (please refer to local guidelines).

Assess shape of limb to ensure suitability for the Actico[®]2C Two component leg ulcer kit:

Measure the ankle circumference to determine which size Actico[®]2C Two component leg ulcer kit to use.

Application instructions:

Comfort Layer 1

Comfort layer 1 provides graduated compression and protects vulnerable areas. Ensure comfort layer 1 is applied with the integrated fabric skin protection layer against the skin (foam layer should be on the outside). Check vulnerable areas are fully protected following application.

■ **Step 1** Check before applying the comfort layer that the foot is correctly positioned 'toes to nose' to maximise ankle movement. With tension, secure the comfort layer (smooth, fabric side next to the skin) with two turns at the base of the toes (with a longer foot an extra turn mid-foot may be required) and enclose ankle and heel with figure of eight.

■ **Step 2** Using a spiral at 50% overlap continue to roll the comfort layer with sufficient tension to conform to the limb. Finish 2cm below the knee/popliteal fossa. Cut off excess and tape.

Actico[®]2C Two component leg ulcer kit (25-32cm):
For larger ankle circumferences of 25-32cm you will have two rolls of the comfort layer within the larger kit. Please ensure you use the 10cm x 3.5m comfort roll first and follow step 1. If required, use the extra comfort layer 10cm x 2m roll secondary to complete the remaining protection of the limb. Simply start the extra comfort roll by overlapping the end of the first one by approximately 5cm. Continue the bandaging as in step 2, cut and tape as before.

Compression Layer 2

■ **Step 3** Check before applying the compression layer that the foot is correctly positioned 'toes to nose' to maximise ankle movement. Hold the Actico[®]2C compression layer with tension and apply two turns from the base of the toes. Roll the Actico[®]2C compression layer across the dorsum keeping tension. With a longer foot an extra turn mid-foot may be required.

■ **Step 4** Enclose the ankle and heel with a figure of eight.



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■ **Step 5** Start to spiral up the leg smoothly, using the 'Lock & Roll' method (50% overlap – full stretch). Roll the Actico[®]2C compression layer round the back of the leg keeping the roll close to the limb locked out at full stretch. Continue with the 'Lock & Roll' method up the limb in a spiral.



■ **Step 6** Finish the Actico[®]2C compression layer 3cm below the popliteal fossa. Cut off excess bandage and tape if necessary. Ensure layers are bonded.



For ankle circumferences of 25-32cm:

■ **Step 7** Apply a second Actico[®]2C compression layer in the opposite direction **starting** from the ankle. Secure with two turns with tension over the ankle and on the third turn follow the 'Lock & Roll' method as in Step 5.

Finish as Step 6.



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Wear Period

Actico[®]2C can be worn day and night. The compression bandages may stay on the legs for up to 7 days, depending on the wound condition. To remove the bandages, simply cut them off or carefully unwind (please refer to local guidelines).



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